**Practice Log**

You may use this log to help organize you and make it easier to submit all your work at once. Please select a method that works for you. This is just one option. Please make sure you are uploading your assignment to Schoology when you are finished.

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| I started the week off by singing the solfege scale very slowly. | I sped up the solfege scale by a little bit. | I tried singing the solfege as fast as I can, but I messed up multiple times. | I sang with my friends very slowly for the assignment today. | Today, I sang some songs that are considered to have a high tempo. |
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**Reflection questions:**

Write a brief report of your daily practice in the table above and at the end of the week, include answers to the following questions:

1. Was it harder to sing fast or slow? Why do you think that was? It was more difficult for me to sing fast, as I am more likely to slur the words if I sing fast.
2. What challenges, if any, did you have as you were practicing this technique? Diction while singing in a high tempo.